# Centre Avenue Health & Rehab Facility



A Skilled Nursing Facility **Specializing** in:

Short Term Rehabilitation Long Term Care Hospice/End of Life Care

815 Centre Avenue Fort Collins, Colorado 80526

970-494-2140

Locally Owned!



**CARING FOR SENIORS SINCE 1971!** 

#### **SKILLED NURSING CARE**

Skilled nursing care includes; skilled assessments and evaluations, medication administration and management, labs, pain management, medical imaging (X-rays), oxygen management, intravenous (IV) therapy, and wound care.

#### **LONG TERM CARE**

Our Long Term Care community has all private rooms. We place a strong emphasis on quality of life and honoring the individuality and choices of each resident.

Assisting with transition to Long Term Care is our Long Term Care social worker and our Certified Recreation Therapeutic Specialist – who provides a patient-centered activities program.

#### **HOSPICE CARE**

Our private hospice wing for end-of-life care offers general Hospice, Hospice Respite Care, and General Inpatient Hospice. We partner with hospice providers in the community to support our residents with comfort and dignity during the last phases of life.

# **THERAPY**

# **Physical Therapy**

Addresses individualized resident needs in functional mobility such as: walking, stair climbing, balance, transfer training, strengthening, endurance, therapeutic exercise, and the use of mobility equipment.

#### **Occupational Therapy**

Focuses on Activities of Daily Living (ADL's) including; dressing, hygiene, grooming, showering, transfer training, use of adaptive equipment, positioning in a wheelchair, and even meal preparation.

#### Speech/Language Pathology

Concentrates on the areas of functional communication, cognition, speech, reading, writing, language, voice, swallowing, and medication and financial management.



#### **PHYSICIAN SERVICES**

#### Dr. Rebecca Jackson-

Medical Director of Columbine Health Systems, Geriatrician, and physician with Associates in Family Medicine (AFM). Following physician for AFM residents and

is available for geriatric care consults.

#### Dr. Faraz, Naqvi-

Specializes in Internal Medicine and Skilled Nursing Facility patients. Following physician for patients needing a primary care physician and Snow Mesa Internal Medicine.

#### Dr. Robert Homburg-

Medical Director for Centre Avenue Health & Rehab. Responsible for implementation of resident care policies and coordination of medical care in the facility.

#### Dr. Daniel Wilson-

Physiatrist for Columbine Health Systems. Specializes in physical medicine and rehabilitation and is available for consults.



#### **NURSE PRACTITIONER SERVICES**

Nurse practitioners are on-site 10 hours per day, seven days per week. They work in collaboration with your attending physician or facility physicians.

### **SOCIAL SERVICES**

Advocate for resident rights and assist with psychosocial needs. They coordinate individual care plan meetings with the resident, family, and interdisciplinary team. Gather information from the resident, family, nursing, therapy staff, NP, and physician to complete the discharge plan. Social workers are available seven days per week.

#### **CUISINE**

Thoughtfully sourced, cooked with care, prepared fresh daily. We strive to provide you with a variety of healthy, creative, and delicious cuisine. All menus are developed by our executive chef and rotate seasonally. Every meal is planned by our chef, prepared to order, and approved by our dietitians.

#### DINING

Comfortable, clean, attentive, and individualized, we offer a variety of menu selections from our alacarte menus, weekly, and daily specials. Gluten free, dairy free, and heart healthy are all options that can be found on our menus.

### **NUTRITIONAL SERVICES**

Registered Dietitians provide nutrition counseling, interventions, therapeutic dietary consultations, and weight management education to maintain your optimal nutrition status. We offer a variety of diets and modified food textures to meet individual needs, including homemade snacks available 24 hours a day.



#### WHAT OUR CLIENTS ARE SAYING

"Thank you...my dad was in your facility for over a month and I was-and still am-stunned by your professionalism, patience, competence, and the all-around exceptional care he received during his stay..." Family member

"Words cannot express how grateful we are to everyone at Centre Rehab. You made a difficult situation into a most rewarding experience. From our first day to our last day we felt very comfortable and welcomed...you have made it possible for us to be back home and enjoying our life together!"

Family member & former resident



"I thank you personally for the wonderful care and patience you gave my dad during his stay. Your jobs and attitudes are so important to patients and family members. I rate it as outstanding! Keep up the great work!"

Family member

"Everyone with whom I came in contact was wonderful to me....always kind, patient, and helpful. I was treated with the outmost respect and sensitivity by each member of the professional and facility's staff." Former resident

<u>University of Colorado Health</u> combines <u>Memorial Hospital</u>, <u>Poudre Valley Hospital</u>, <u>Medical Center of the Rockies</u>, <u>Colorado Health Medical Group</u>, and <u>University of Colorado Hospital</u> into an organization dedicated to health. Poudre Valley Hospital has a financial interest in Centre Avenue Health & Rehab Facility



# **Columbine Management Office**

802 West Drake Road, Suite 101 Fort Collins, Colorado 80526 970-482-0198 Fax: 970-482-9148

www.columbinehealth.com

○ REHABILITATION   ● HEALTH & REHAB   ● HEALTH SERVICES
● INDEPENDENT LIVING   ● ASSISTED LIVING   ● PATIO HOMES

#### **FORT COLLINS**

<b>■ Bloom at Home</b>
O Centre Avenue Health & Rehab Facility970-494-2140
• Centre Pharmacy, Inc
Oclumbine Medical Equipment
<b>■ Columbine Poudre Home Care</b>
Oclumbine West Health & Rehab Facility 970-221-2273
<b>○ Front Range Therapy</b>
● Geriatric Education Centre
■ Lemay Avenue Health & Rehab Facility970-482-1584
● Lifestyle Centre
O New Mercer Commons
Poudre Infusion Therapy
<b>○</b> The Winslow
<b>○</b> The Worthington

#### LOVELAND

Bloom at Home	970-482-5096
Front Range Therapy	970-494-6449
Lakeview Commons	970-278-4000
North Shore Health & Rehab Facility	970-667-6111
Centre Pharmacy, Inc.	970-221-0190
Columbine Medical Equipment	970-221-1453
Oclumbine Poudre Home Care	970-482-5096
Poudre Infusion Therapy	970-494-2130
The Wexford	970-667-1900
WINDSOR	

#### WINDSOR

Centre Pharmacy Inc.

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0	<b>Columbine Commons</b>
	Columbine Commons Health & Rehab Facility 970-449-5541
	Columbine Medical Equipment970-460-9205
	Columbine Poudre Home Care 970-460-9200

970-221-0190